

**CENTRAL STATE HOSPITAL
LOCAL HUMAN RIGHTS COMMITTEE MEETING
MINUTES**

**Central State Hospital
26317 W. Washington Street
Building 113, Main Conference Room
Petersburg, Virginia 23803
March 6, 2009
8:30 am Regular Meeting**

Attendance:

Jane Clayborne, Chair; Violet Hite, Vice-Chair; Isabel Vartanian, Member; Randi Key, Member; Linda Masri, Member; Jillian McNeil, Member; and William Lightfoot, Member

Guests:

Dr. Charles Davis, CSH Facility Director; Dr. Ronald Forbes, CSH Medical Director; Jennifer Barker, CSH Director of Patient Relations; Jim Bell, CSH Forensic Director; Carrie Flowers, Human Rights Advocate/OHR; Ansley Perkins, Human Rights Advocate/OHR; Reta Martin CSH Social Worker; and Rose Mitchell, Executive Secretary/OHR.

Absent:

Michael Curseen, Human Rights Advocate/OHR

I. Call to Order: 8:32 am

II. Minutes of February 6, 2009, Meeting

Action: The minutes of the February 6, 2009, meeting were approved.

III. Public Comment:

None

IV. New Business

A. Monthly Variance Report for February 2009 – Presented by Jim Bell, Forensic Director

Mr. Bell reported that there were no reportable incidents involving the four approved forensic variances during the month of February 2009.

Action: The Committee approved a motion to accept Mr. Bell's reports.

(Executive Session)

The committee approved a Motion to move into Executive session pursuant to VA Code 2.2-3711 (A), Paragraph 15, for the protection of the privacy of individuals and their records in personal matters not related to public business.

The following subject matters were discussed in Executive Session:

Monthly Abuse Summaries – January 2008
Formal Human Rights Complaints – February 2009
Aggression Management Plan for D. C.
Spit Guard Usage – February 2009
Spit Guard Follow-Up

(Return to Open Session)

Upon reconvening in open session, the Central State Hospital Local Human Rights Committee certified that to the best of each member's knowledge, only public business matters lawfully exempt from statutory open meeting requirements, and only public business matters identified in the motion to convene the closed session were discussed in closed session

B. Monthly Abuse Summary: January 2009 – Presented by
Jennifer Barker

Action: The LHRC approved a motion to accept Mrs. Barker's report.

C. Formal Human Rights Complaints – February 2009 – Presented by
Jennifer Barker

Action: The LHRC approved a motion to accept Mrs. Barker's report.

D. Aggression Management Plan Review (New): R.E.: D.C. – Presented by
Jennifer Barker, Director of Patient Relations

Mrs. Barker reported a new aggression management plan (AMP) for D.C.

Chair expressed concerns about the dates being different and some of the signatures didn't have dates.

Mrs. Barker stated that all AMPs must be first approved administratively by Dr. Forbes and Dr. Moore, so that is why the dates are different. Mrs. Barker will pass along to Dr. Moore to have everyone who signs, also to add the date when they sign.

Action: The LHRC approved a motion to accept Mrs. Barker's report.

E. Seclusion & Restraint Data Summary: Comparison of S/R Incident and totals for Feb. 08 with Feb. 09: Presented by Jennifer Barker

Mrs. Barker reported that CSH is still on the downward trend, but they still have two clients that keep the numbers high.

Action: The Committee approved a motion to accept Mrs. Barker's report.

F. Spit Mask Usage – February 2009: Reported by Ms. Perkins

Ms. Perkins reported that there was no reported usage of the spit mask during the month of February 2009.

Action: The Committee approved a motion to accept Ms. Perkins' report.

V. Follow-up Business:

1. LHRC Follow-Up RE: Formal Complaint – Documentation of Discussion Concerning PRN Order with K.D., Ms. Flowers and K. D's Psychiatrist - Presented by Dr. Ronald Forbes, CSH, Medical Director

Dr. Forbes stated that he found a note that meds were ordered for violent behavior of the client, but client wasn't informed of the medication change. Treating psychiatrist took over the case in November, but stated that he doesn't usually get the client to sign that a medication change is being done. These medications were never dispensed as the client didn't need them and the client has been discharged.

The Chair inquired whether it is normal practice for a patient to be prescribed new medication without discussing the proposed change and the possible side effects with the patient. Dr. Forbes indicated that medication changes and their potential side effects should be discussed with patients.

Action: The Committee approved a motion to accept Dr. Forbes' report verifying that all medical staff will be reminded of the protocol to discuss medication changes including the side effects with patients and to request patients to sign that they have had this discussion. Additionally, Dr. Forbes has agreed to provide a copy of the agenda from the next General Medical Staff meeting and report to the LHRC on the medical staff discussion concerning this issue at the April 3, 2009 LHRC meeting.

2. LHRC Follow-up RE: Clarification concerning Spit Guard Usage for C.S.

for Incident Dated 1/27/09 – Presented by Ms. Perkins

Ms. Perkins presented to the Committee the CSH Policy on Spit Guard Usage. It was determined that the spit mask was used incorrectly. Ms. Crawford, Infection Control Nurse, reminded Director of Nursing, Nursing Supervisors and RNCs to re-familiarize themselves with the proper procedure for usage of the spit mask as well as the CSH Policy addressing Spit Mask usage.

Motion: The Committee approved a motion to accept Mrs. Perkins' report.

VI. Director's Comments:

Dr. Davis stated that in recent weeks, legislature on mental health, has decided not to close SEVTC and CCCA.

Adjournment: 9:33 A.M.

Next Meeting Date: April 3, 2009