

CENTRAL STATE HOSPITAL  
LOCAL HUMAN RIGHTS COMMITTEE MEETING

MINUTES

Central State Hospital  
26317 W. Washington Street  
Petersburg, Virginia 23803  
Building 113, Main Conference Room  
August 3, 2012  
8:30am Regular Meeting

**Attendance:** Hannibal Tuck, Chair, William Lightfoot Vice-Chair; Barbara Davis, Member; Liesl Lipford, Member  
Isabel Vartanian, Member

**Guests:** Vicki Montgomery, CEO/Director Central State Hospital; Ronald Forbes, M.D., Medical Director; Jennifer  
Barker, Director of Patient Relations and Staff Development; Walter Small, Human Rights Advocate Senior OHR;  
Teresa Langster, Patient Relations; James Bell, Director of Forensic Services.

**Absent:** Jillian Taylor, Secretary; Blondena Mallory, Member;

**I. Call to Order – Introductions**

**II. Minutes of June 1, 2012 Meeting**

**Action:** The Committee approved the draft minutes for the June 1, 2012 meeting.

**III. Public Comment: None**

**IV. New Business**

**A. Monthly Variance Reports for June and July 2012** – Presented by James Bell, Director, Forensic  
Services.

**Action:** The Committee approved the monthly variance reported by Mr. Bell for June and July  
2012 concerning the four forensic variances.

**(Executive Session)**

The committee approved a motion to move into Executive Session pursuant to VA Code 2.2-3711  
(A), Paragraph 15, for the protection of the privacy of individuals and their records in personal  
matters not related to business.

**The following subject matters were discussed in Executive Session:**

**Monthly Abuse Summaries – May and June 2012**

## Formal Human Rights Complaints – June and July 2012

### Spit Guard Usage – June and July 2012

#### (Return to Open Session)

Upon reconvening into open session, the Central State Hospital Local Human Rights Committee certified that to the best of each member's knowledge, only public business matters lawfully exempt from statutory open meeting requirements, and only public business matters identified in the motion to convene the closed session were discussed in closed session.

- B. Monthly Abuse Summary: May and June 2012 – Presented by Jennifer Barker, Director of Patient Relations and Staff Development

Ms. Barker presented the abuse data covering May and June 2012.

**Action:** The Committee approved the abuse data reports presented by Ms. Barker for May and June 2012.

- C. Formal Human Rights Complaints – June and July 2012 – Presented by Jennifer Barker, Director of Patient Relations and Staff Development

**Action:** The Committee approved Ms. Barker's report for June and July 2012.

- D. Seclusion and Restraint Data Summary; Comparisons of S/R Incidents and Totals for June and July 2012 vs. June and July 2011 ~ Presented by Vicki Montgomery, Director Central State Hospital

Ms. Montgomery provided the committee with graphs outlining the hospital seclusion and restraint usage. Ms. Montgomery brought the committee's attention to the pie charts. On the pie charts the red and orange shaded areas represent the vast majority of all seclusion and restraint used in the hospital. Fifty percent of the hospital's restraint usage is 2-3 individuals. Over the past months, this does not seem to be an accurate reflection. While it's still early to understand the hospital hypotheses the high users have been discharged. Another contributing factor is the behavior support team has been actively involved when a patient hits a seclusion/restraint threshold. Hesitantly, we say we are intervening earlier and our successes are showing more and more. Ms. Montgomery reported that in July there were 5 days that were seclusion and restraint free, we feel this success is indicative of our continued efforts.

**Action:** The committee approved Ms. Montgomery's report for June and July 2012.

- E. Spit Guard Usage for June and July 2012 – Presented by Walter Small, Human Rights Advocate Senior OHR.

Mr. Small reported there were four reported usages of the spit guard masks for June and July 2012 with three of the incidents coming from one patient.

**Action:** The committee approved Mr. Small's report for June and July 2012.

Bi-Annual Summary of Aggression Management Plans - Presented by Jennifer Barker,  
Director of Patient Relations and Staff Development.

**Action:** The committee approved Ms Barkers Report of the Bi-Annual Summary of  
Aggression Management Plans.

**V. Old Business: None**

**VI. LHRC Follow up: None**

**VIII. Director's Comments**

Ms. Montgomery stated Central State Hospital received notification, from the Secretary of Health and Human Resources, there is a hiring freeze without exemption, initially. However, since then recent approval was given to allow for the hiring of direct care staff. Central State Hospital will move forward to negotiate positions that we can during this freeze.

**VIII. Adjournment**

**Next Meeting:** September 7, 2012 – Building 39 at 8:15am for Open Session and returning to Building 113 for Closed Session.