

**CENTRAL STATE HOSPITAL
LOCAL HUMAN RIGHTS COMMITTEE MEETING
MINUTES**

**Central State Hospital
26317 W. Washington Street
Building 113, Main Conference Room
Petersburg, Virginia 23803
December 12, 2008
8:30 am Regular Meeting**

Attendance:

Jane Clayborne, Chair; Violet Hite, Vice-Chair; Linda Masri, Member; Isabel Vartanian, Member; Randi Key, Member; and William Lightfoot, Member

Guests:

Charles Davis, M.D., CSH Facility Director; Jennifer Barker, CSH Director of Patient Relations; Michael Curseen, Human Rights Advocate/OHR; Carrie Flowers, Human Rights Advocate/ OHR; M. Ansley Perkins, Human Rights Advocate/OHR; Dr. Donna Moore, CSH Director of Psychology; Rita Martin CSH Social Worker; Katwendria Jennings, CSH Patient Relations Mentor; Raymond Carey, CSH Patient Relations Mentor; Leonard Walker, CSH Patient Relations Mentor; Leslie Henry Johnson, CSH Patient Relations Mentor; Karen Jackson, CSH Patient Relations Mentor; Kimble Day, CSH Patient Relations Mentor; Michael Shelton, CSH Patient Relations Trainer/Mentor; and Rose Mitchell, Executive Secretary/OHR.

Absent:

Jillian McNeil, Member

I. Call to Order: 8:31 am

II. Minutes of November 7, 2008 Meeting

Action: The minutes of the November 7, 2008 meeting were approved.

III. Public Comment:

None

IV. New Business

**A. Monthly Variance Report for November 08 – Presented by Jim Bell,
Forensic Director**

Action: This item was deferred until the next meeting, due to the illness of Mr. Bell.

B. Introduction of Staff from the Office of Patient Relations – Presented by Jennifer Barker, Director of Patient Relations

Each member (mentor) of the Patient Relations Department introduced themselves to the Committee. The mentors explained that they try to give new employees an extended outlook on employee classroom training by taking the training out of the classroom and following the new employees onto the patient's living areas as well as the treatment mall. The mentors also conduct follow-up random checks on all new employees and conduct evaluations during a thirty day period. The Office of Patient Relations also provides mentoring to seasoned employees. It was further explained that mentoring is provided on all shifts across a 24 hour day schedule. Nurses Morman and Worrell provide mentoring to the nursing staff. Mrs. Barker shared that she provides evaluation forms for employee feedback on this program and that employees do not are not required to give their names for this feedback.

Action: The Committee members thanked the Patient Relations Team for coming and giving their presentation.

(Executive Session)

The committee approved a Motion to move into Executive session pursuant to VA Code 2.2-3711 (A), Paragraph 15, for the protection of the privacy of individuals and their records in personal matters not related to public business.

The following subject matters were discussed in Executive Session:

Monthly Abuse Summaries – October 2008

Formal Human Rights Complaints – November 2008

Seclusion & Restraint Date Comparison – November 07 & November 08

Spit Guard Usage – November 08

(Return to Open Session)

Upon reconvening in open session, the Central State Hospital Local Human Rights Committee certified that to the best of each member's knowledge, only public business matters lawfully exempt from statutory open meeting requirements, and only public business matters identified in the motion to convene the closed session were discussed in closed session

C. Monthly Abuse Summary: October 2008 – Presented by Jennifer Barker

Action: The LHRC approved a motion to accept Mrs. Barker's report.

D. Formal Human Rights Complaints – November 2008 – Presented by Jennifer Barker

Action: The Committee approved a motion to accept Mrs. Barker's report.

E. Seclusion & Restraint Data Summary: Comparison of S/R Incident and totals for Nov. 08 with Nov. 07: Presented by Dr. Davis

Dr. Davis presented the Committee with graphs showing a vast decline in seclusions and restraints from November 07 to November 08. Dr. Davis shared that one of the civil units have a patient who has self injurious behavior which has led to an excessive number of restraint incidents. Dr. Davis also shared that the one of the forensic wards has a patient who is very assaultive to peers and staff and who constantly tries to choke other patients and staff which requires frequent uses of restraints and seclusion.

Action: The Committee approved a motion to accept Dr. Davis' report.

F. Spit Mask Usage – November 2008 – Presented by Michael Curseen

Mr. Curseen reported that there was no reported usage of the spit mask for November 2008.

Action: The LHRC approved a motion to accept Mr. Curseen's report.

G. Aggression Management Plan Review RE: K.D. – Presented by Dr. Donna Moore, Director of Psychology

Ms. Flowers reported to the Committee that the client was never notified that the Aggression Management Plan (AMP) was put into place, nor was the plan signed by the client. One of the things the Committee had requested at an earlier meeting was for all clients to be involved in the development of their AMP. It was previously explained by Mr. Curseen that a variance would be needed if the hospital insisted on not allowing patients the opportunity to participate in this portion of their master treatment plan.

Dr. Moore apologized to the Committee for her confusion regarding this issue and indicated that client will sign their own AMP in the future. Dr. Moore also shared that just prior to her discharge from Eastern State Hospital and through the time of her readmission to CSH, K.D. was exhibiting the same levels of aggression she had displayed when she was at CSH, 10 months earlier. After much discussion by Dr. Moore and the Committee the following motion was made:

Action: The Committee approved a motion that the AMP for K. D. will include her signature along with an updated Functional Assessment and

that all current and future AMP's will include the patient's signature and date. The LHRC will plan to review the AMP for K. D. at the January 9, 2009 LHRC meeting.

H. Membership Application – H. Tuck – Presented by Mr. Curseen

This item was deferred – due to the absence of Mr. Tuck.

I. “Protocol For the Recurrently Assaultive Patient” – Building 39-8 – Presented by James Bell, Director of Forensic Services.

This item is being deferred due to the illness of Mr. Bell.

V. Follow-up Business:

1. LHRC Follow-up RE: (1) Eligibility of CSH Patients Serving as a CSH LHRC Member; (2) Review of SHRC Guidelines for LHRC Composition – Presented by Mr. Curseen, Human Rights Advocate

Mr. Curseen told the Committee that after speaking with Dr. Davis, they concur that issues of confidentiality could be breached by having an active CSH patient serve on the Committee. Concerning the make-up of the Committee, the guidelines set by the SHRC require that an LHRC have at least 2 consumers and one health care provider. Mr., Curseen explained that most committees consist of a minimum 5 members and added that a quorum may never consist of less than three members.

Action: The Committee approved a motion to accept Mr. Curseen's report.

2. LHRC Follow-up RE: Review/Update of LHRC Interview Questions for CSH LHRC Membership Candidates – Presented by Jane Clayborne, LHRC Chair (Business Session**)**

Ms. Clayborne shared her preference for the interview questions to solicit a broader view of the applicant's interest and education as it pertains to becoming a LHRC member. After much discussion the Committee agreed to form a sub-committee to develop draft interview questions for presentation at the January 9, 2009 LHRC meeting.

Action: The Committee approved a motion to appoint a sub-committee of two members (Jane Clayborne and Randi Key) to develop the interview questions for presentation at the next LHRC Meeting.

VI. Director's Comments:

Dr. Davis stated that on November 22, 2008, CSH had no seclusions or restraints for that day, which is quite remarkable considering the type of client

we have.

Also, Dr. Davis stated that CSH's longest working employee, (50 years and one month) Ms. Edrys Rines, passed away and will be greatly missed.

Adjournment: 10:45 A.M.

Next Meeting Date: January 9, 2009